



**SUPERHUMAN
ACADEMY**

RAISING SUPERLEARNERS™:
PREP YOUR KIDS FOR LIFELONG LEARNING

COURSE SYLLABUS

Updated January 2021

IMPORTANT: Please save this document so you can easily access the links.

SECTION 1 - INTRODUCTION

- Lecture 1: About Us, Background, and Goal Setting
 - Recommended Supplementary Materials:
 - [KeyToStudy Blog by Dr. Lev](#)
 - [SuperHuman Academy](#)
 - [SuperHuman Academy Podcast](#)
 - [The Official SuperLearner Community on Facebook](#)
- Lecture 2: The PDF Syllabus: Download This Now
- Lecture 3: Learning to Learn Prequel
- Quiz 1

SECTION 2 - FOUNDATIONS

- Lecture 4: The Greatest Gifts You Can Give Your Children
- Lecture 5: Every Opportunity is a Learning Opportunity
- Lecture 6: The Most Valuable Things are not Learnt at School
 - Recommended Supplementary Materials:
 - [Do Schools Kill Creativity? - TED](#)
- Lecture 7: Five Tips For Instant Progress
- Lecture 8: Nobody Knows Everything (And That's OK!)
- Lecture 9: Letting Your Child Teach You
- Lecture 10: Do Not Lecture, Play!
- Lecture 11: Success Drives Success
- Quiz 2

SECTION 3 - EXPRESSION

- Lecture 12: The Difference Between Passive vs. Active Learning
- Lecture 13: Developing the Basics of Language Skills
 - Recommended Supplementary Materials:
 - [No one could describe the color "blue" until modern times](#)
 - [An examination of the relationship between reading comprehension, higher-level and lower-level reading sub-skills](#)
 - [Word-sense disambiguation](#)
 - [The Mother Tongue by Bill Bryson](#)
- Lecture 14: Word Play
 - Recommended Supplementary Materials:
 - [Blind Men and An Elephant](#)
- Lecture 15: Coming to Terms with Words
- Lecture 16: Everybody Loves Drawing
- Lecture 17: Touch it, Feel it
- Quiz 3

SECTION 4 - MEMORY

- Lecture 18: Doodling and Feynman Technique
 - Recommended Supplementary Materials:
 - [About The Feynman Technique](#)
 - [Bilateral Drawing](#)
 - [Feynman Technique explained](#)
- Lecture 19: Markers, Visualization, and Highly Graphical Stories
- Lecture 20: Notetaking and Flash Cards
 - Recommended Supplementary Materials:
 - [Spaced Repetition - Wikipedia](#)
 - [Anki SRS Spaced Repetition Software](#)
- Lecture 21: Sleeping and Overlearning
- Lecture 22: Where Do I Start and Memory Anchors
- Lecture 23: Chunking, Linking, Mapping
 - Recommended Supplementary Materials:
 - [Chunking \(Psychology\)](#)
 - [Mind-Mapping](#)
- Quiz 4

SECTION 5 - REASONING

- Lecture 24: Testing Boundaries
- Lecture 25: Asking the Right Questions
 - Recommended Supplementary Materials:
 - [Socratic Method](#)
- Lecture 26: Approaching Knowledge From Multiple Perspectives
 - Recommended Supplementary Materials:
 - [The Multiple Perspectives Exercise](#)
- Lecture 27: Learning to Structure Knowledge
- Lecture 28: Rules vs. Examples
- Quiz 5

SECTION 6 - STEM

- Lecture 29: Deconstructing the STEM Skill Set
- Lecture 30: Mental Math as an Intuition or a Party Trick
 - Recommended Supplementary Materials:
 - [The Trachtenberg System for Mental Math](#)
- Lecture 31: Further Benefits of Gaming, Codemonkey and Lego
 - Recommended Supplementary Materials:
 - [Codemonkey](#)
 - [Lego Technic](#)
 - [Lego Mindstorms](#)
- Lecture 32: How Stuff Works and Developing a Technological Intuition
- Lecture 33: Tangible Numbers: Talk with Kids About Money
 - Recommended Supplementary Materials:
 - [An Age-By-Age Guide to Teaching Your Children ... - Lifehacker](#)
 - [How Should I Teach My Kids About Money? - Lifehacker](#)
 - [Seven Ways to Teach Kids How to Manage Money - Lifehacker](#)
 - [The Most Common Money Mistakes People Make at Every Age](#)
 - [How to Teach Young Kids Budgeting Habits Early On - Lifehacker](#)
- Quiz 6

SECTION 7 - MOTIVATION

- Lecture 34: Planning, Visualizing and Chess
- Lecture 35: Become Learning Oriented
- Lecture 36: Brainy Hobbies
- Lecture 37: Let Us Be Serious Now
- Lecture 38: Healthy Optimism
- Lecture 39: Optimize The Learning Experience
- Lecture 40: Conclusion, Thank You, and Congratulations
- Quiz 7

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“Once you stop learning, you start dying.”

— Albert Einstein